

Welcome to the 2012 Grizzly Cub Academy Spring season!

We are looking forward for a great season of soccer. The focus of the Grizzly Cub Academy is skill development. Teaching and encouraging players to learn and utilize the 'core skill moves' is the focus of all Grizzly Cub Academy and our coaches.

Team schedules are posted online and coaches should have contacted players and possibly held a team practices/team meeting. The Academy Training will begin the week of April 23rd. Academy Training is mandatory for all players and coaches. All u7/u8 teams should be practicing up to two times a week. All u7/u8 teams will have Academy Training each Monday and a 2nd practice day may be determined by the team coach. All u6 teams will have Academy Training each Thursday and a 2nd practice day may be determined by the team coach. All u5 teams will only practice/play on Saturday's, no 2nd day of training required.

Team pictures are scheduled for April 21st.

Once again, we will be using referees for our u7/u8 games. Our referees are part of our referee training program and will be learning the game alongside our coaches and players. We want to stress that we will have a zero-tolerance policy in regards to coaches and parent conduct toward our young referees. Parents and coaches are not to question (yell at or complain about) any decisions made by the referees. The referees will be instructed to contact the Director of Coaching and the Referee Instructor immediately during/after the game to report any parent/coach misconduct. Parents and coaches may be removed from the program for inappropriate conduct towards referees.

Academy information and schedules are listed below. Please let us know if you have any questions.

Have a great season!

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u7 and u8 Grizzly Cub Academy

Our u7 and u8 teams will be playing 4v4, with goalkeepers. Rationale for playing 4v4 includes:

1. plenty of individual possession, ball control and touches.
2. trying new skills without fear of ridicule.
3. taking players on and challenging defenders.
4. little or no pressure from parents, coaches.
5. a vibrant, creative and fun atmosphere.

The u7/u8 Academy Training will take place on Monday's and are mandatory for all u7 and u8 players and coaches. WASA coaches will assist with the training groups. The schedule for the spring season is as follows:

4/23	Academy Training	5:30 – 6:30 pm	All u7/8 boys
	Academy Training	6:45 – 7:45 pm	all u7/u8 girls
4/30	Academy Training	5:30 – 6:30 pm	All u7/8 boys
	Academy Training	6:45 – 7:45 pm	all u7/u8 girls
5/7	Academy Training	5:30 – 6:30 pm	All u7/8 boys
	Academy Training	6:45 – 7:45 pm	all u7/u8 girls
5/14	Academy Training	5:30 – 6:30 pm	All u7/8 boys
	Academy Training	6:45 – 7:45 pm	all u7/u8 girls
5/21	Academy Training	5:30 – 6:30 pm	All u7/8 boys
	Academy Training	6:45 – 7:45 pm	all u7/u8 girls
6/4	Academy Training	5:30 – 6:30 pm	All u7/8 boys
	Academy Training	6:45 – 7:45 pm	all u7/u8 girls
6/11	Academy Training	5:30 – 6:30 pm	All u7/8 boys
	Academy Training	6:45 – 7:45 pm	all u7/u8 girls

1. All players should wear their WHITE uniform jersey to Academy Training.
2. Please arrive 15 minutes early for Academy Training.
3. Bring a ball (size 3 or 4) and water. Please make sure the players name is on their ball.

u6 Grizzly Cub Academy

Our u6 teams will be playing 4v4. Rationale for playing 4v4 includes:

1. plenty of individual possession, ball control and touches.
2. trying new skills without fear of ridicule.
3. taking players on and challenging defenders.
4. little or no pressure from parents, coaches.
5. a vibrant, creative and fun atmosphere.

The u6 Academy Training will take place on Thursday's and are mandatory for all u6 players and coaches. WASA coaches will assist with the training groups. The schedule for the spring season is as follows:

4/26	Academy Training	6 – 7:15pm
5/3	Academy Training	6 – 7:15pm
5/10	Academy Training	6 – 7:15pm
5/17	Academy Training	6 – 7:15pm
5/24	Academy Training	6 – 7:15pm
5/31	Academy Training	6 – 7:15pm
6/7	Academy Training	6 – 7:15pm
6/14	Academy Training	6 – 7:15pm

1. All players should wear their WHITE uniform jersey to Academy Training.
2. Please arrive 15 minutes early for Academy Training.
3. Bring a ball (size 3 or 4) and water. Please make sure the players name is on their ball.

u5 Grizzly Cub Academy

Our u5 Academy will be on Saturdays from 11:00am to 12:30pm. The u5's will play 3v3.

Each Saturday, players will progress through three (3) to four (4) developmental training stations and then play a 3v3 game. On 'Game Days,' coaches will have a 10-15 minute 'training' with their team and then play a 3v3 game. Coaches may be on the field during the game. This game should consist of two (2) twenty-five (25) minute halves. The team listed first on the schedule will wear WHITE and the team listed second will wear RED. Please look for the 'white board' to see the team field assignments for the day.

Here is the u5 Academy schedule:

4/28	U5 Academy	11:00 – 12:15 pm
5/5	U5 Academy	11:00 – 12:15 pm
5/12	U5 Academy	11:00 – 12:15 pm
5/19	U5 Academy	11:00 – 12:15 pm
5/26	Games Only	11:00 – 12:15 pm
6/2	U5 Academy	11:00 – 12:15 pm
6/9	U5 Academy	11:00 – 12:15 pm
6/16	Games Only	11:00 – 12:15 pm

1. Players should wear the reversible Red/White jersey each Saturday.
2. Players need to have shin guards under their socks.
3. Players should bring a water bottle and soccer ball (size 3) each Saturday.
4. Please plan to arrive 10 minutes early, traffic may cause delays.